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Monday, March 12, 2018 metro.us | t: MetroPhilly | f: Me

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How to cope with 'springing forward.' 6

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BRACKET BOYS

The 2018 March Madness field is set and a national championship is up for grabs. We break down the brackets. 30-31



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WELCOME TO METRO PHILLY

KRISTIN TOUSSAINT, REPORTER

You've definitely heard of fake news, but how much do you really know about the phenomenon? Experts have admitted they don't have all the info, and they're asking more people to take up the effort. A recent report found that fake news spreads faster on Twitter than true stories, but to researchers, that's just the start. I spoke with one expert at Harvard about why he's joining a "call to arms" to try to get the world to focus on fake news, how it spreads and how to fight it. Read more on page 8 and at metro.us.



US OFFICIALS DEFEND TRUMP-KIM MEETING

I U.S. officials on Sunday defended President Donald Trump's decision to meet with North Korean leader Kim Jong Un, saying the move was not just for show and not a gift to Pyongyang, as one senator insisted. "President Trump isn't doing this for theater. He's going to solve a problem," Central Intelligence Agency Director Mike Pompeo said on the "Fox News Sunday" program. The United

States expects North Korea to halt all nuclear and missile testing in advance of any meeting, according to Pompeo and Treasury Secretary Steve Mnuchin, who also spoke on a Sunday morning TV program. The goal of the meeting remains denuclearization of the Korean peninsula, something Kim has agreed to discuss, they noted. Pompeo said U.S. military exercises in the region will continue in the lead-up to the talks.

NORTHEAST BRACES FOR ANOTHER WINTER STORM

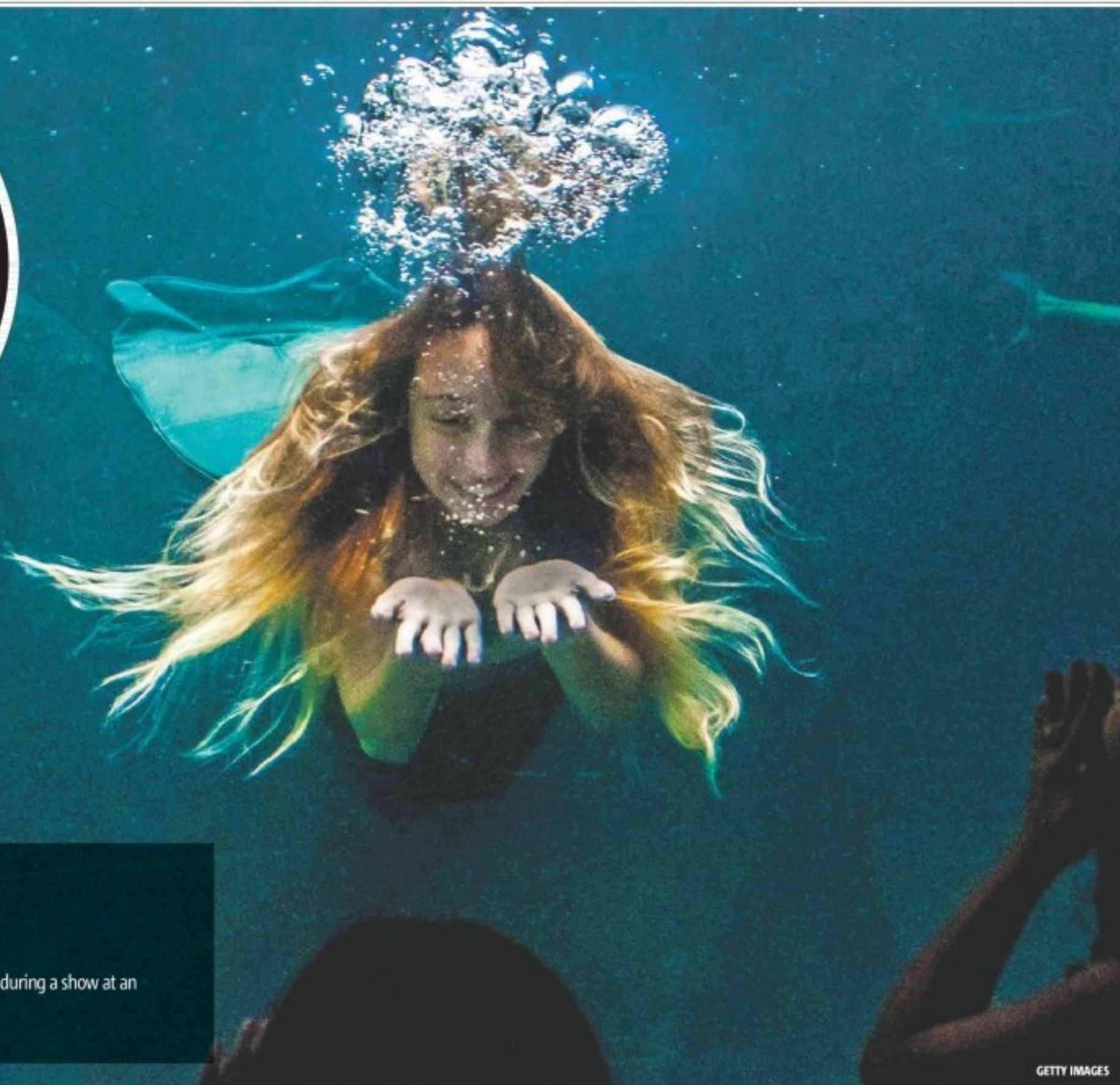
2 The third nor'easter within the past two weeks is forecasted to bring another round of wind and precipitation to the Northeast, CNN reported. The National Weather Service issued winter storm watches for much of eastern New England, including Boston, for Monday night through Tuesday, the Weather Channel reported. Snow and winds were predicted to intensify off the East Coast and affect the mid-Atlantic

region on Monday night before the largest chance of snow arrived on Tuesday, bringing accumulation to parts of eastern New England, the NYC area and Long Island. As residents deal with power outages from last Wednesday's nor'easter, the new weather system could tally as much as 8 inches of snow in eastern New England, the Boston Globe reported, adding that the snowfall could last until about 11 p.m. on Tuesday. [JASON NUCKOLLS](http://jason.nuckolls)

5 THINGS YOU NEED TO KNOW

MERMAID SHOW AT THE SAO PAULO AQUARIUM

3 Visitors watch a mermaid as she swims with fish in a giant tank during a show at an aquarium Sunday in Sao Paulo, Brazil.



GETTY IMAGES

TRUMP FOE SEN. WARREN WEIGHS IN ON TARIFFS

4 Democratic Sen. Elizabeth Warren, who has traded barbs with President Donald Trump, said on Sunday she's "not afraid of tariffs," but stopped short of endorsing his decision to launch steep tariffs on steel and aluminum. In several television interviews, Warren said she saw a role for tariffs as part of trade policy. "I am not afraid of tariffs," she said on NBC's "Meet the Press" program. "We need

a comprehensive rethinking of our trade policy," Warren said she was glad Trump agreed to exempt Canada and Mexico from the tariffs, but urged policymakers to think beyond a handful of industries when it comes to overhauling policy. "I think that our trade deals have been negotiated for a very, very long time now to benefit large, multinational corporations, not to benefit the American worker," she said.

WHITE HOUSE NARROWS DOWN APPROACH ON GUNS

5 On Sunday night, senior White House officials told reporters that President Donald Trump will support a tailored set of fixes to gun laws, stepping back from some of the more sweeping changes he had considered after the country's latest mass school shooting. Opting for a plan described as "pragmatic," Trump backs legislation proposed in Congress aimed at providing more data

for the background check system, a database of people who are not legally allowed to buy guns, officials said. More contentious proposals, such as raising the minimum age for buying guns to 21, or requiring background checks for guns bought at gun shows or on the internet, will be studied by a commission to be led by Education Secretary Betsy DeVos, the officials said.

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2. Get a Second Opinion about your Upcoming Procedure before it Occurs - Before any non-emergency medical procedure, it is a good idea to get a second opinion. Getting a second opinion is not a matter of not trusting your doctor, it is a matter of being an educated patient.

3. Bring a Loved One or Friend - When undergoing a serious medical procedure, bring a loved one or friend who can be your "eyes" and "ears" and help you think through important decisions. Having a second pair of eyes and ears may help keep you out of harm's way.

4. Get the Best Care Possible - Perhaps the most effective way to avoid medical error is to avoid substandard physicians. The best way to prevent this is to research potential doctors before committing. If you ask the right questions and perform the right research, you will be well on your way to finding the right doctor and reducing your chances of being a victim of medical malpractice.

5. Contact Fodera & Long, P.C. - If you believe that you or a loved one have been a victim of medical malpractice, contact the experienced lawyers at Fodera & Long, P.C. at (215) 569-1212 or www.federalawfirm.com.

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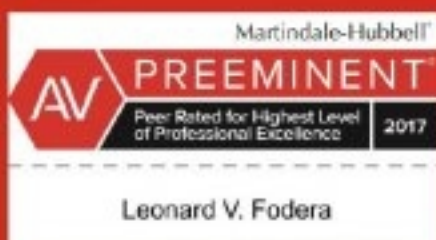
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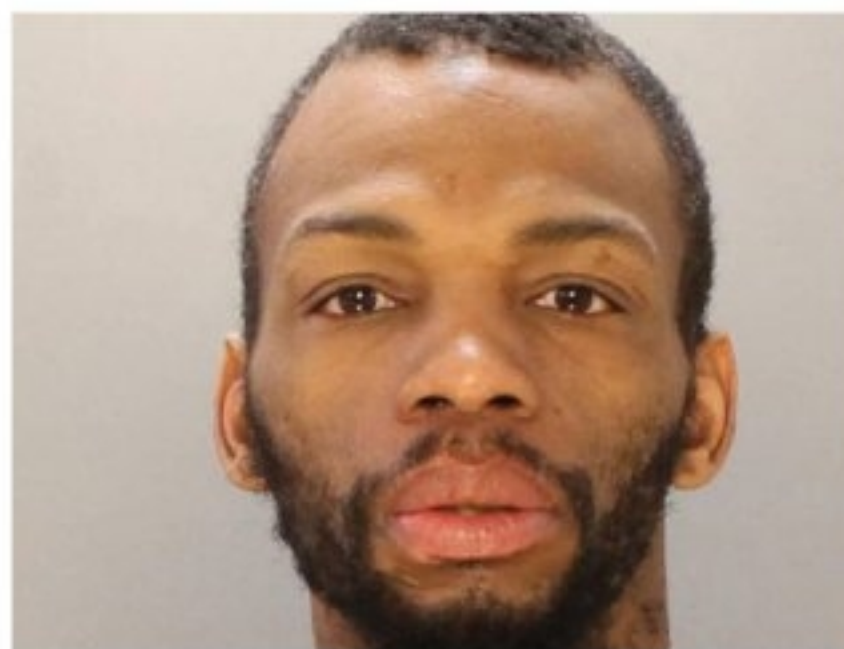
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Archie Swinson, left, is charged with rape and Kenneth Faixmel charged as an alleged accomplice in the March 4 rape and robbery of a woman on Lombard Street. PPD

Police nab suspects in Lombard Street rape

Philly detectives collar alleged rapist and accomplice in less than five days.



SAM NEWHOUSE
sam.newhouse@metro.us

Two men have been arrested in connection with a brutal assault on a woman on March 4, who police say was beaten, sexually assaulted and robbed by one man, while the other served as a look-out.

Archie Swinson, 44, allegedly grabbed the victim as she tried to walk past him on the 1300 block of Lombard Street around 5:30 a.m. on March 4 and strangled her into submission, police said.

He then dragged her down nearby Watts Street,

and allegedly punched her in the face and head repeatedly, causing injuries that required medical treatment, before sexually assaulting her and then robbing her of her backpack, police said.

Alleged accomplice Kenneth Faixmel, 38, stood look-out during the incident. Police spotted him serving as the look-out in surveillance video of the incident.

Police nabbed Faixmel, of the 300 block of Broad Street, early Thursday, and charged him with aggravated assault and robbery.

Police nabbed Swinson, of the 1200 block of Ludlow Street, around 10:25 p.m. on Thursday, and hit him with multiple felony charges, including aggravated assault, strangulation, rape and related charges.



PENNSYLVANIA

Trump unleashed at raucous rally for embattled Pennsylvania Republican

President Donald Trump attacked his critics, promoted his steel and aluminum tariffs and tossed out an idea to have drug dealers face the death penalty, addressing a raucous rally on Saturday for a Republican congressional candidate in a tight race.

Trump's appearance was aimed at helping Republican Rick Saccone in a district Trump won overwhelmingly in 2016 as part of a narrow win in Pennsylvania.

But while he heartily endorsed Saccone as a "really good person," Trump spent a lot of time talking about his own fortunes in a "Make America Great Again" rally in an airport hangar at the Pittsburgh

International Airport.

He said it was crucial for Republicans to muster forces to turn back a strong Democratic drive to win one or both houses of the U.S. Congress in November midterms.

"We need Republicans. We need the vote," Trump said, saying Democrats would take away, among other things, "your Second Amendment rights" to bear arms.

Trump said the country should discuss having drug dealers face the death penalty because they are responsible for thousands of deaths.

Polls show Saccone is in a close race against Democrat Conor Lamb. A Saccone loss would be the first loss of a Republican seat in the House of Representatives since Trump took office. REUTERS

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Beat the daylight saving time blues by managing how you're exposed to light

The sudden adjustment setting your clocks forward an hour can have catastrophic effects on your health, including fatigue, car crashes and even heart attacks.



SAM NEWHOUSE
sam.newhouse@metro.us

Every year, twice a year, in most of the United States, Americans are forced to switch their clocks back and forth an hour due to the strange ritual known as daylight saving time, or DST.

And every year, twice a year, the clock-changing ritual of DST has been shown to have a detrimental effect on Americans across the country. The



This photo shows a couple at home lit by warm interior LED lights in the evening, helping them wind down without the precipitous daylight shift that can cause psychological symptoms often associated with daylight saving time.

COURTESY OF LUMILEDS

latest DST shift happened over the weekend, meaning millions of Americans today are still adjusting to "springing forward."

But while blaming DST is common for various issues, such as Seasonal Affective Disorder (SAD), Circadian rhythms expert and engineer Willem Sillevs Smitt, a senior director of strategic marketing

at Lumileds, said people can avoid these problems by adjusting the brightness and colors of the artificial lights they expose themselves to.

"When I look at how people report the impact of daylight saving, it mostly impacts how people sleep," said Smitt, an expert in "human-centric" lighting. "My conclusion

was that the impact must come not so much from sunset and sunrise, but more from how we keep the lights on in the evening."

To help ease into the evening, Smitt recommended dimming the lights a bit.

"A lot of it is about common sense," he said. "The best thing you can do with light during the day is, if it's a bright and sunny day and the weather allows it, go outside for 10 to 20 minutes. It will actually help you get to sleep at night."

To help consumers make the adjustment, Lumileds develops lights that dim based on the time of day, and shift from a starker, blue light during daytime to a softer, orange light at night.

"Human beings evolved with very bright light levels during the day and very dark levels at

night. ... If it's a nice day, we're under the blue sky. How we evolved during the night — if there was any light, it tended to be fire," Smitt said.

Beyond color, Smitt said Lumileds' technology is optimized to resemble natural light.

"In the evening, you

want to limit ... the light levels as the melatonin [the hormone associated with sleep] starts to come up," he said. "This is why winding down is so important if you want to have a good night's sleep, [which] helps to feel good, to be active and have a good mood."

Origins of a ritual

Daylight saving time (DST) was officially enacted nationwide in 1966, purportedly to give farmers extra hours of daylight, although many pointed out that farmers just wake up when the sun rises. In fact, in Indiana, agricultural regions refuse to participate, precisely because DST makes farmers' lives harder. And the great states of Arizona and Hawaii permanently refuse to acknowledge DST.

Massachusetts recently convened a state commission to investigate the idea of ending

DST, which found there would be "positive benefits" with making the November clock-change permanent, but only if other states made the same change simultaneously, to prevent interstate confusion.

As of 2018, there are dozens of petitions on Change.org to end DST. The Standard Time movement says DST is causing chaos and must be ended. Organizers with the #LockTheClock movement urge anyone with anti-DST leanings to contact their state and local legislators.

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Researchers issue call to arms to combat fake news

A large-scale scientific investigation is needed to look into how false stories spread and how we can fight it, experts from Harvard, MIT and more said Thursday.



KRISTIN TOUSSAINT
kristin.toussaint@metro.us

There's a revolution brewing to fight fake news — the only problem is, experts still don't know much about it.

That's why researchers from Harvard, MIT, Yale, Columbia University, Indiana University, Microsoft and more are now calling for a scientific investigation into fake news.

In a paper published Thursday in the journal *Science*, researchers from across the country are urging others — from computer scientists to historians to political experts to social scientists

— to focus on fake news.

"What we did in this report is try and collate, 'Here's what we think we know,' and, 'Here's what we think we don't know,' where more research is needed," said Matthew Baum, one of the paper's authors and a professor at the Harvard Kennedy School.

"Ultimately, the purpose of this is a call to arms, for sure," he added. "But it wasn't just that, it was also [that] ... there are huge holes of things we don't know."

What do we know? According to the paper, which looked at other studies on fake news so far, experts estimate there are 60 million automated bots on Facebook and up to 48 million on Twitter.

"Fake news goes back forever," Baum said, noting it isn't just reserved for politics. He cited things like the anti-vaccination movement, how



Researchers are calling for a large-scale scientific investigation into all things fake news. PIXABAY

people thought fluoridated water was an instrument of mind control and rumors that mislead the stock market as examples.

What don't we know? Pretty much the whole scope of the problem.

"It's a concern that fake information is spreading around and persuading people and affecting attitudes, but we don't really know how much is out there, how many people are seeing it, how many people are

having their opinions or behaviors affected by it," Baum said.

Why try to mobilize others on fake news now? The recent news about a Russian troll farm put a new spotlight on the issue, but that's not all.

"In the aftermath of the 2016 election and the rising cynicism about politics and our political institutions and distrust and polarization, this phenomenon seems to be adding fuel to that fire," Baum said.

Study: Fake news spreads faster than true stories on Twitter

"Fake news" isn't just an insult used in the president's tweets, — it's an epidemic that spreads faster than true stories, at least on Twitter, according to a report.

A study published Thursday by MIT scholars found false information travels faster on Twitter than real news, and it's not entirely the fault of bots.

Though these bots may originate the fake stories, it's real people who are spreading them, according to the study.

Fake news stories are 70 percent more likely to be retweeted than true stories, the researchers found, and it takes true stories six times as long to reach 1,500 people as it does for false stories to reach the same number.

These findings left researchers "somewhere between surprised and stunned," Deb Roy, co-author of the study and an MIT Media Lab professor, said in a statement. Researchers tracked

about 126,000 "cascades," or unbroken retweet chains, of news stories spreading on Twitter between 2006 and 2017. These tweet chains were



People are more likely to retweet fake news than true stories, according to an MIT study. GETTY IMAGES

cumulatively tweeted over 4.5 million times by about 3 million people.

Why are people sharing false info more often? It may be because it's human nature to like new things.

"False news is more novel, and people are more likely to share novel information," said Sinan Aral, a co-author and professor at MIT Sloan, in a statement. He added, "People who share novel information are seen as being in the know." KRISTIN TOUSSAINT

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PSPCA Humane Law Enforcement officers are seen breaking up a dogfight on South 35th Street near Grays Ferry Avenue on Saturday inside a wooden dogfighting ring with blood spatter visible. COURTESY OF THE PSPCA

Four pit bulls rescued from Philly dogfight, 14 arrested, PSPCA says

Four pit bulls were recovered after PSPCA and Philly police raid "dogfight in progress."



SAM NEWHOUSE
sam.newhouse@metro.us

A Saturday night dogfight in Southwest Philly ended in a draw when law enforcement broke up the fight and rescued the pit bulls involved.

The Pennsylvania SPCA's Humane Law Enforcement team said they and Philadelphia police broke up the dogfight and made 14 arrests during the raid on Saturday around 9 p.m. at an alleged dogfight on the 1200 block of South 35th Street, just below Grays Ferry Avenue.

None of the suspects have been publicly identified. Two pit bulls in the midst of the fighting were rescued.

"The dogs were ac-

"A wooden fighting ring with blood spatter ..."

PSPCA, describing the scene

tively fighting," said PSPCA Director of Humane Law Enforcement Nicole Wilson. "I had blood all over me because I separated the dogs. ... A police officer was helping me, using his retractable baton to pry the one dog's mouth open."

Wilson said a tip led the PSPCA to the scene, where they monitored from the outside as participants brought a rug inside to protect the floor from blood. They also saw the animals and a group of people, some of whom were recognized from past in-

volvement in dogfighting, before contacting the Philadelphia Police Department for backup.

"Some of them guys we've seen multiple times — others were from out of state," Wilson said. "Once everybody was inside, we approached the outside and started hearing the cheering and the dogs going at it."

Together, Philly po-

\$8K

Cash found by police

lice and PSPCA officers entered the location to break up the fight and rescue the dogs. Recovered were two handguns, around \$8,000 in cash, some marijuana and "a wooden fighting ring with blood spatter," the PSPCA said. All 14 suspects in attendance at the game were arrested.

The two pit bulls who had been fighting were rushed to the PSPCA's Erie Avenue shelter for medical treatment.

Search warrants executed early Sunday morning of two suspects' vehicles led to the discovery of two other pit bulls believed to be involved in dogfighting. One was wearing a weighted collar for training, which is considered dogfighting paraphernalia. The other was ill and was found with scarring on his body that likely indicates a history of fighting, Wilson said.

All four dogs will remain in PSPCA custody for medical treatment, and until the criminal case is adjudicated.

The Pennsylvania SPCA's Humane Law Enforcement Team is 100 percent donor-funded. To support them, visit pspca.org/BengalFund.

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If you've wanted that blue check mark by your Twitter name, it may soon happen

Hello, Mr. Little Blue Check Mark.



SAM BRODSKY
Samantha.Brodsky@metro.us

Twitter CEO Jack Dorsey announced on Thursday that soon everyone could receive verification status (aka that little blue check mark by your bio that screams, "I'm legit!").

"The intention is to open verification to everyone," Dorsey said, according to Quartz. "So we're not in the way and people can verify for facts about themselves and we don't have to be the judge and imply any bias on our part."

The Twitter page on verification now reads, "The blue verified badge on Twitter lets people know that an account of public interest is authentic." The badges "must be



Twitter wants to break away from the idea that check marks mean the company "stands behind" the content that is posted. **GETTY IMAGES**

applied by Twitter," and these accounts typically are "maintained by users in music, acting, fashion, government, politics, religion ... and other key interest areas."

A little blue check mark can say so much, but that's part of the problem, stated Director of Product Management David Gasca, who is leading a team to rework the

verification system.

"In user research, when you ask people, 'What do you think when you see the check mark?' they think of it as credibility, like Twitter stands behind this person, Twitter believes that ... what they're saying is great and authentic, which is not at all what we mean by the check mark," Gasca stated.

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An exercise pill that makes your body function like an elite athlete's is now in the works

Will 516 replace your workout schedule?

MEAGAN MORRIS
letters@metro.us

There are a million benefits to working out, but would you give them up for an exercise pill? That's what scientists at the Salk Institute for Biological Studies in California are trying to do by developing a drug known as 516.

516 is designed to target those who can't exercise because of diseases or other physical conditions. According to Ronald Evans, director of the gene expression laboratory at the Salk Institute, 516 is intended to be "a backdoor into the exercise genetic network" that is activated when we work out.

"We are taking this concept and trying to develop a drug that can help us game the system that is naturally activated during exercise," Evans told The Washington Post.

Researchers have been working on the 516 exercise pill for more than a decade, and it's intended to help the body break down fat — and not carbohydrates — much like elite athletes do. The thought is that mimicking this chemical process through an exercise pill could create the same results without having to move a muscle.

But they're not working on it to fully turn us into a sedentary bunch. Instead, the goal is to help improve the physical head — and reduce muscle wasting — that happens when people can't exercise at all.



Researchers have been working on the 516 exercise pill for more than a decade, and it's intended to help the body break down fat. GETTY IMAGES

There are many reasons why people cannot run or walk or exercise," Evans told the newspaper. "If you can bring them a small molecule that can convey the benefits of training, you can really help a lot of people."

The FDA doesn't currently recognize the "inability to exercise" as a need for a drug, so approvals for 516 are a long way

off. To work around this, Evans and his team are specifically focusing on it for patients suffering from Duchenne muscular dystrophy.

"This [disease] afflicts kids who can't exercise and ultimately die of muscle wasting, often at a relatively early age, at 15 or 16," Evans says. "It's a disease with a large unmet medical need."

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Is Dennis Rodman doing Trump's work for him regarding Kim Jong Un?

Dennis Rodman has praised President Donald Trump's sudden announcement that he would meet with North Korean leader Kim Jong Un.

Normally, that might not be newsworthy. But the former NBA star is one of only two people in the world who've met both Trump and Kim.

"Well done President Trump," Rodman told The Washington Post in a statement. "You're on the way to a historical meeting no U.S. president has ever done. ... Please send my regards to Marshall Kim Jong-un and his family."

Rodman's history with the two men: In 2013, Trump fired Rodman from NBC's "Celebrity Apprentice" because he misspelled Melania Trump's name. More recently, Rodman made several trips to North Korea to meet with Kim, a Chicago Bulls obsessive, explaining his intent with the "basketball diplomacy" line.



Dennis Rodman GETTY IMAGES

But U.S. officials distanced the government from his trips, and he was roundly criticized for hanging with Kim.

Sitting U.S. presidents have refused to meet directly with Kim so as not to legitimize his brutal, belligerent regime. Last year, it tested a hydrogen bomb and an intercontinental ballistic missile capable of reaching the United States.

But is it Rodman who planted the seed for an unprecedented sit-down in Trump's head? After a visit in 2013, Rodman suggested that he and Trump (then just the "Apprentice" host) go to

North Korea together to meet with Kim. In May 2014, he told DuJour Magazine that Trump "wanted to go. He wanted to give me his plane to go over there. Then all of sudden he started to get all weird and s—."

Trump responded: "Crazy Dennis Rodman is saying I wanted to go to North Korea with him. Never discussed, no interest, last place on Earth I want to go to."

Because that was the era of 140 characters, Trump had to send a part two: "Dennis Rodman was either drunk or on drugs (delusional) when he said I wanted to go to North Korea with him. Glad I fired him on 'Apprentice!'"

Until last Thursday, Rodman was the only person who had met both Kim and Trump. That changed when South Korean national security adviser Chung Eui-yong went to Pyongyang to meet with Kim, then came to Washington, D.C. to brief Trump. MICHAEL MARTIN



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Jake Arrieta will anchor the Phillies' pitching rotation. GETTY IMAGES

Phillies sign Jake Arrieta to a three-year deal

The Phillies have a true ace now.



EVAN MACY
evan.macy@metro.us

The wait is over. The Phillies have inked the best remaining free agent to a reported three-year, \$75 million deal — as Jake Arrieta will step in and anchor the Phillies pitching rotation.

The timing makes sense, as the first domino finally dropped in the free agency impasse as Lance Lynn signed a one-year, \$12 million deal with the Twins. Arrieta's deal nets him the cash he wanted but likely not the years, as he has been looking for a long-term contract and settled for three years in Philly.

The deal is also more costly than simply the millions promised to the ace. Since Arrieta turned down a qualifying offer with Chicago, the Phils will need to surrender their

second best draft pick if they want to sign Arrieta, as well as \$500,000 from their international signing bonus stockpile.

Arrieta recently turned 32 and is fresh off a 14-10 season with a 3.53 ERA in Chicago. He has been rumored to have been in discussions with the Phillies since February, after the Cubs chose to sign Yu Darvish instead of Arrieta.

Arrieta will become an anchor for a young unproven Phillies pitching staff, headlined currently by Aaron Nola and supported by unknowns like Zach Eflin, Ben Lively, Mark Leiter Jr., Vince Velasquez and others.

The signing actually does make the Phillies borderline wild card contenders, as their offense boasts young and potent bats. There are few sure things on the Phillies roster in 2018, but Arrieta absolutely becomes one of the most reliable and proven players on the squad.

MONEY

Cash is far from dead and use is rising: BIS

Even though more people now use cards, mobile phones or even facial recognition technology to pay street performers, buy pizza or donate to church on Sundays, hard cash is showing no signs of dying out, central bankers said.

The Bank for International Settlements (BIS) said cryptocurrencies and the debate around them — such as whether cash will be replaced by virtual substitutes — are part of a broader debate about the nature of money.

The payments sector has argued that the use of cash is falling and therefore they don't need to provide as many ATM machines or bank branches.

But in the BIS' latest quarterly review, researchers took a closer look at whether cash is becoming a relic of the past as some claim.

"Some of the breathless commentary gives the impression that cash in the form of tradi-

tional notes and coins is going out of fashion fast," said Hyun Song Shin, BIS economic adviser and head of research said.

"Despite all the technological improvements in payments in recent years, the use of good old-fashioned cash is still rising in most, though not all, advanced and emerging market economies."

Cash in circulation has actually risen in recent years, from 7 percent of GDP in 2000 to 9 percent in 2016, although it has fallen in Sweden and a few other places.

"The resilience of cash as a social institution reminds us of the importance of understanding the economic functions of money, beyond just the innovations in technology," Shin said.

Still, debit and credit card payments are rising as well, from 13 percent of GDP in 2000 to 25 percent in 2016. People hold more cards and are using them for more and smaller transactions, Shin said. REUTERS



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Campaign Donald is uncaged again.

I know what you're thinking. You're thinking: When was he ever caged? Well, compared to the wild man who turned up over the weekend in Moon Township, Pennsylvania — yes, that's really the name — the character who's been seething in the White House looks downright presidential.

Get ready for Round 2.

The 2020 campaign is now officially up and running. Donald Trump just threw his MAGA hat in the ring and enthusiastically endorsed himself.

Better make that his KAG! hat. Every new campaign needs a new slogan, and this one, Trump revealed, is going to be "Keep America Great!" — exclamation point very much included. In Trump's self-congratulatory universe, he has now solved all those dreadful problems that had so bedeviled America. And if you don't believe it, you clearly aren't watching enough NRA-TV.

Who needs *presidential* when we have this?

A black congresswoman is "low IQ." NBC's Chuck Todd is a "sleepy son of a b—h." Fierce New York Times reporter Maggie Haberman is a "Hillary flunky." Sen. Elizabeth Warren is — yawn, yawn — "Pocahontas." Drug dealers should be executed.

Including America's top pharmaceutical executives who've flooded the nation with highly addictive opioids? Trump didn't specify, any more than he specified how the new steel-and-aluminum tariffs will work, what he'll say to North Korean madman Kim Jong Un or when Mexico will pay for the wall. Don't bother me

ELLIS HENICAN

Analysis



with details.

Trump was in Moon Township to support Republican Rick Saccone, who is running in Tuesday's special election against Democrat Conor Lamb in Pennsylvania's 18th congressional district, which Trump won in 2016 by more than 20 points. Now, under the weight of his abysmal approval ratings, this easy GOP win has become a real squeaker.

In his long and careering address, Trump mentioned Saccone a few times and dished up the requisite insult-nickname for the opponent du jour ("Lamb the Sham"). But as is always the case at unhinged Trump rallies, it all came back to Trump.

"Don't forget, this got us elected," he told the adoring crowd. "If I came like a stiff, you guys wouldn't come here tonight."

No, they probably wouldn't, and the rest of us are stuck with that.

Metro columnist Ellis Henican is the author of a dozen books including "Trumpitude: The Secret Confessions of Donald's Brain." Join Ellis on Twitter @henican.



Donald Trump addresses the audience at a presidential debate at Washington University in St. Louis, Missouri, in 2016. GETTY IMAGES

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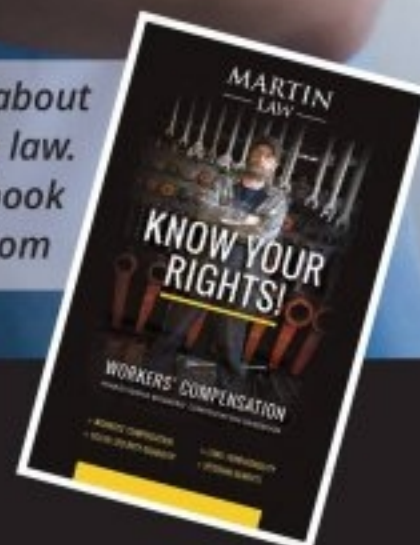
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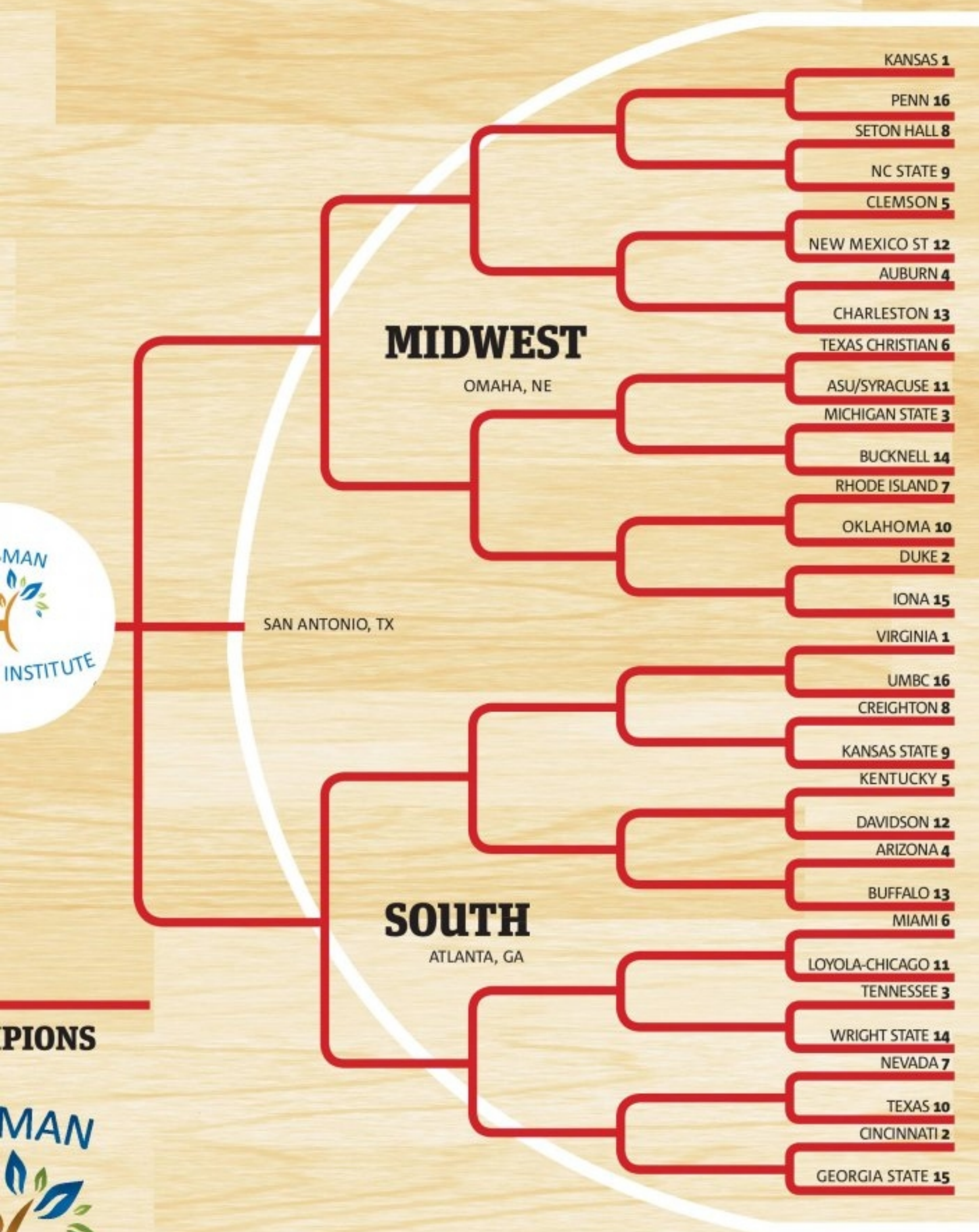
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TV shows based on comics you can watch right now

From troubled teens to the terrifying undead, and loads in between. **RACHAEL VAUGHAN CLEMMONS**

There's no denying it: comic book TV shows — aka television series based on comics — are still very much having a moment. And well, if it ain't broke, don't fix it.



"The End of the F*ing World" Netflix**

Based on a graphic novel of the same name by Charles Forsman, "The End of the F***ing World" follows teens James and Alyssa on a violent coming-of-age road trip. Its television version, released on Netflix earlier this year, was met with critical acclaim and for good reason: It's a magnetic, utterly watchable eight episodes.

"Happy!" Syfy

This crime dramedy is based on the four-issue comic book series of the same name created by writer Grant Morrison alongside artist Darick Robertson. It follows Nick Sax, an alcoholic ex-cop turned hitman with a blue, cartoon imaginary friend named — yep! — Happy.



"iZombie" CW

This series is loosely based on a comic book of the same name published by DC Comics under their Vertigo imprint, and created by Chris Roberson and Michael Allred. The TV version follows Liv Moore, a recently turned zombie, who uses her abilities to help solve crimes.



"Marvel's Jessica Jones" Netflix

Our favorite Netflix crimefighter lives in the same universe as Luke Cage, Daredevil and, ugh, Iron Fist. Based on the Marvel character, the small-screen Jessica Jones is a hard-drinking P.I. with superstrength to spare.

"Legends of Tomorrow" CW

This one is based off of characters from DC Comics, too, and features a ragtag group of superheroes — from Hawkman to Heat Wave — banding together to save time itself.



"Marvel's Iron Fist" Netflix

Danny Rand, the Iron Fist, is a martial arts expert with the ability to call upon the power of the Iron Fist. He's based on a Marvel character of the same name, too.



"Gotham" Fox

This prequel of sorts features characters based on DC's Batman franchise and focuses on James Gordon's early days with the Gotham City Police Department before including the origin stories of tons of Batman villains, from Penguin to Ra's al Ghul.



"Fear the Walking Dead" AMC

The postapocalyptic horror drama, created by Robert Kirkman and Dave Erickson, serves as both a companion series and prequel to "The Walking Dead" — just in case you found all that zombie gore strangely familiar.

'Nailed It' is the cooking show for those of us who suck

Netflix *nails* it with a bake-off for basics.



LINNEA ZIELINSKI
linnea@metro.us

You might laugh when it happens to someone else, but we all know the feeling. You gave it your all, but that artsy cake you were making just didn't turn out like you wanted.

Yep, it's a Pinterest fail. And now you can watch amateur bakers attempt the same thing head-to-head with professional bakers on Netflix's "Nailed It," a baking show for lovers of the meme by the same name.

Call it finding solace knowing you're not alone or, probably more accurately, schadenfreude, but there's something about this show that's absolutely delicious. The show dropped Friday and we've been laughing at hapless chefs — that are just like us — all week-end long. Get on it, fellow B-level baker.

Hosted by comedian Nicole Byer and chocolatier Jacques Torres, this show pits "home bakers with a terrible track record" against professionals, and makes them "take a crack at re-creating edible masterpieces for a \$10,000 prize," according to Netflix.

So, yeah, this is you versus the inventor of

the cronut, given a microwave and two hours to create the perfect unicorn cake. What could go wrong?!

It's sort of like Food Network's "Worst Cooks in America" meets "The Great British Bake Off," but with tons more laughs.

Each episode features a guest judge given the honor (?) of giving each successful or unsuccessful attempt to nail a recreation of an ultimately unachievable baked good a taste test.

Spoiler alert? It doesn't often go well. And we love it.

The entire first season (six 30-minute eps) of "Nailed It" is available now on Netflix.



What the fork? ALL IMAGES PROVIDED BY NETFLIX



Heads on the platter.



When things go very, very wrong in the kitchen, they're on-so-right on this show.

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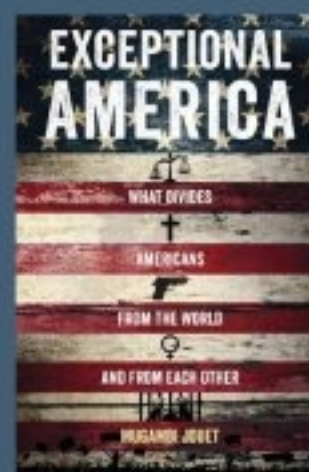
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KATE MOONEY
kate.mooney@metro.us

On Wednesday, six couples will tie the (garlic) knot at &pizza, a local pizza parlor-turned-wedding-chapel.

"Goin' to the pizza parlor and we're ... gonna get married!" isn't how the classic Dixie Cups song goes. But that's exactly what twelve grown adults are going to do in two days, thanks to math. And cost savings!

This is the third year in a row that the D.C.-based pizza chain will

host local couples who want to get hitched, have a slice and save, oh, thousands of dollars. The tradition began in 2015, when &pizza married one couple at their flagship shop on U Street in D.C. This year the company will host a dozen weddings at shops in each of its major metropolitan locations — D.C., Manhattan, Baltimore and Philly.

What's the occasion? "The ampersand stands for connectedness, and what stronger connection is there than that of marriage?" &pizza explains in a statement.

The love-and-pizza-loving restaurant offers more than just a free legal ceremony and free pizza. &pizza takes

care of all the accoutrements, providing an open bar of beer, wine and champagne, flowers, cake, a framed wedding photo and "more day-of surprises," according to the company.

Doors will be open at the shop on Wednesday, so if you're curious to witness your first pizza wedding, you can head on over. But remember — it's rude to show up to a wedding without a gift.

Maybe this will give you inspiration to get your vows in order before next Pi Day, lest you end up saying "I do" in the frozen food section next to some Marie Calender's?

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Will Smith's going to bungee jump over the Grand Canyon



That does NOT sound like a "Pursuit of Happyness" to us, and, rather, one that may end in a "Concussion." But maybe he's just thinking, "I Am Legend"? Dunno. But ... SCARY!



JENNIFER LOGUE
jennifer.logue@metro.us

Philly's own Will Smith accepted quite the challenge from fans, which will involve him leaping to his (death/triumph) from a helicopter over the Grand Canyon in Arizona. Regardless his physical outcome, we are sure his Hanes will be soiled.

Four men behind the YouTube account Yes Theory, which is dedicated to growing through busting out of comfort zones, challenged the "Fresh Prince of Bel-Air" star to heli-bungee.

"In order to live in a better world together, we have to choose love over fear," they said in the video. "So, Will, as

a man who's not afraid of aliens, robots or zombies, let's take this sh—to the next level with the most thrilling thing any of us have ever done — a helicopter bungee jump."

Yup, you read that right.

After much deliberation, which included Smith testing out a toy version of himself hanging from a drone, the actor agreed to the challenge.

With three conditions:

1 It has to be for charity.

2 It has to be after his movie's finished shooting because he'd be in violation of his contract if he started jumping out of helicopters during it (and the guy's got bills to pay).

3 He wants to heli-bungee over the Grand Canyon.

Looks like Smith also wants to take sh—to the next level. Go to Metro.US for the video of Will accepting the challenge.

Have fun, gentlemen! We'll be cool hanging

Grand Canyon 101

- Considered one of the 7 Natural Wonders
- 277 miles long ... and 4,000 feet deep
- Will's going to attempt this roughly a 45minute chopper ride from Las Vegas
- Helicopter bungee jumping isn't brand new; it's possible over active volcanos!
- The history of modern bungee jumping goes back to 1979, but the tradition existed in the South Pacific long before
- The chances of dying while bungee jumping are roughly 1 in 500,000
- The chances of dying while dancing are roughly 1 in 100,000
- As "The Fresh Prince of Bel Air" Will Smith danced on camera roughly 1 too many times

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Looking good in 2013. GETTY



Heather Locklear's had it *rough*

Post arrest, more sordid details emerge.

JOSHUA CROUTHAMEL

Heather Locklear, who we know and love from "Melrose Place" (and apparently one episode of "Fresh Off the Boat"?), was arrested a week ago for domestic abuse. But since then some truly awful — and strange — details have emerged.

According to TMZ, police responded to a call about domestic violence at a home in Thousand Oaks, California (please consider sending the Thousand Oaks PD a box of Girl Scout cookies — they were also called out by Dean-o McDermott to check on his wife, Tori Spelling, three times last

week. Even in the snow we are thankful AF that we don't live in California sometimes). When they arrived, Locklear became combative and allegedly attacked a police officer.

According to a 911 call, Locklear's brother came to her home and witnessed her fighting with her partner. When the police tried putting her in custody, she became combative, flailing and kicking — and striking three deputies in the process. She was later cuffed and taken to the hospital for evaluation.

TMZ has since



Locklear and Heissler, in happier days. INSTAGRAM



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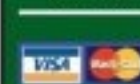
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learned from Locklear's sister that there was an argument between Heather and her partner, Christopher Heisser, and he had allegedly attempted to choke and kill our beloved Amanda Woodward. Dios mio!

But there's more. Heisser was allegedly bloodied, said Heather bit his face and acted "crazy, angry and wild."

A lot of nasty expletives followed, which

we will shield you from, gentle reader. Just know it was a boozy, bitchy brawl and no one feels good about it.

When Heather was taken into custody it was discovered she had a gun registered in her name, and (former, we hope) BF Heisser was arrested shortly thereafter for a DUI.

A search warrant was issued for pills and guns, and it's all very

Who is Christopher Heisser?

- It's reported he is Locklear's high school sweetheart.
- He's 56 years old.
- He's a former AMA motocross racer.
- Sources say he and Locklear were engaged.
- He's had his own brushes with the law — for unpaid debts, grand larceny and forgery.

sad. Thankfully Heather is seeking help.

This isn't the first time the actress has been involved in a domestic dispute. In 2011, the LAPD came to the home of Jack Wagner — her former boyfriend — after the two of them allegedly got physical during an argument. At the time, a cop told TMZ, "She lost it on him and he retaliated." Neither of them pressed

charges.

Heather's had several high-profile relationships, including a marriage to Tommy Lee, who's had his own buffet of problems recently — most notably an explosive brawl with his 21-year-old son with Pamela Anderson.

Thoughts and prayers, folks. Oh, yeah, and a box of Samoas for the precinct in Thousand Oaks.

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The Hall & Oates hoagie conundrum

John Oates is currently touring in support of his solo album, "Arkansas." GETTY IMAGES

John Oates dishes on the upcoming HoagieNation Festival.



JENNIFER LOGUE
jennifer.logue@metro.us

Hall & Oates returns to Philadelphia on Saturday, May 26, for their 2nd annual Hoagie-Nation Festival, so Metro sat down with the second half of the duo to talk about what's between the bread.

"We wanted to do something special in Philadelphia," says John Oates, one half of the legendary music duo. "And the fact that Philadelphia has become such a cool food town, we thought it would be cool to combine food and music for an event that will hopefully go on for a long time."

As far as the music lineup goes, the headliners are solidified but some of the smaller acts are still being decided on.

"We're on tour with Train, and it was obvious we'd include them," Oates says. "We've done a bunch of shows with Fitz

and the Tantrums and we love those guys — they're great. To spice it up a little bit, Daryl and I are really big fans of Marty Stuart. They're country in an old-school kind of cool way. I'm good friends with Marty and love his musician-ship. Then we have a lineup of cool local Philly bands, which is still being finalized."

Oates also revealed that Hall & Oates will be releasing a special single with Train to promote the tour.

"I can't tell you the song name until it's released. It'll probably come out in late April," he says. "I wasn't as involved in doing the song because I was on



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tour with my solo album ["Arkansas"]. Daryl and Pat [Monahan] are singing lead and I'm doing backgrounds. I think Pat found the song."

Given the name of the HoagieNation Festival pays homage to the iconic Philly sandwich, Metro had to ask Oates what his favorite kind of hoagie was, and his answer posed quite the conundrum.

"My favorite hoagie?

I would say a cheesesteak with pizza sauce and fried onions at Jim's on South Street," he says.

Is a cheesesteak even considered a hoagie?

"If you don't consider a cheesesteak a hoagie, you're not from Philadelphia," he says. "It's a cheesesteak hoagie. That's what it is."

"If you want me to talk about a hoagie with

cold cuts, I can do that, too," he jokes.

Whether you're a cold cuts hoagie kind of person or a "cheesesteak kind of hoagie" person, Oates says it's all personal preference.

"Everyone has their own favorite for their own reasons," he says. "I don't think there is a best one."

For more information on HoagieNation Festival 2018, visit: hoagienation.com.



Hall & Oates hit the road with Train and will stop in Philly for the 2nd annual HoagieNation Festival. STUART BERG

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HOW TO GET AHEAD

Get a job without even having a résumé

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PAT KING
patrick.king@metro.us

With so many job board sites available, it's hard to stand out to employers from the thousands of résumés that come pouring in every day. They need to get a good sense of who you are, and not the list of accomplishments bulleted on your CV. Here are some of the best ways to apply for a job without a résumé.

Go after what you want

According to wildly successful entrepreneur Scott Petinga, being direct and putting your neck on the line will get you the attention of an employer in a more meaningful way than blindly sending your résumé. If there's a position online that looks like it could be your dream job, you should be DMing that employer through LinkedIn — and even Facebook and Twitter — to see set up a chat.

"There've been people who have reached out to me when I didn't think we had an open position," says Petinga. "I've hired people purely because they sat across the table from me, had a cup of coffee and knocked my socks off."



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Be as genuine as possible

Employers just want to see that you're trustworthy, and, well, a person cool enough that they'd want to work with all day. By meeting for coffee to talk about the position and other things that are meaningful in your life, you can apply to a job without a résumé and leave a connection that could get your foot in the door.

"You can almost think

of a résumé now as a social media post," says Petinga. "It's an idealized version of yourself. Meaning: it's pure bulls—t. I like people who are brutally honest. I love when I ask people 'What is your greatest accomplishment to date?' A lot of times I don't want to hear about work. Authenticity is huge in those situations. Don't tell me what you think I want to hear. Be true to yourself."

Ultimately, Petinga views hiring someone like welcoming a new friend into his inner circle. So to stand out, find the most creative way to apply for a job without a résumé.

"We rarely ever post [openings]," explains Patinga of his companies. "I don't want every individual who thinks they are capable to send me a résumé when I'm not going to read

them. It's just a waste of everybody's time. We are always looking for people. It's more of a needle in the haystack situation, really. You can never have too much talent. But I'm one of those believers that thinks I'm not the smartest person in the room and I have to surround myself with those people."

Bottom line?

Become an ethical stalker of companies you want to work for and the powers-that-be at those companies. It could be the bakery across the street or a job at a big corporate outfit — DM, tweet or just show up at the office with a uniquely-you invite for a cup of joe. No one is reading the résumé you either don't have or haven't polished up that's been sent into the ether. Personal connection is key.

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The system is broke (that's why you are, too)

Income inequality doesn't start and end with your education, or lack thereof. It's a much bigger issue worth looking at through the lens of... Facebook?



PAT KING
patrick.king@metro.us

It would be easy for any top executive of a Fortune 500 company to take advantage of the way our economy favors the ultra rich. But Facebook co-founder Chris Hughes believes that the issue of income inequality in our country is one that needs to be addressed by those who benefit from this "rigged system" the most.

With his new book, "Fair Shot," Hughes makes no bones about how both he and his



Chris Hughes, contemplating his tax bill following this announcement. GETTY IMAGES

peers need to be proactive in spreading awareness to the economic divide their businesses helped create in our country.

"I think frustration with the way our economy is working has been building for decades," he explains. Hughes is proposing a plan to give all working Americans who make \$50,000 or less each year a check for \$500 to help alleviate (some)

financial woes.

By taxing the top 1 percenters (like himself) a percentage of the money they make over \$250,000 a year, Hughes believes this program will have no trouble finding funding.

"Sometimes the best solution is the simplest. We actually already have an enormous cash program in our country called the 'Earned Income Tax Credit.' This would

just expand it. We have a lot of research that shows that when you provide working people with cash, more often than not they use it responsibly for themselves or their family. What it does is it provides a kind of foundation. A heartbeat and a background that enables people to have something to rely on."

Hughes went on to explain that by enacting this program, we would be able to take 20 million people out of poverty overnight.

With all of this talk, it kind of sounds like Chris Hughes might be running for Congress? "No, no, no! that is not in my future," he said, adding, "I do feel strongly about the issue of income inequality, however, and I do want other people across the board, either one percenters or other people having a hard time making ends meet, to be excited."

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March Madness 2018: Breaking down



Each of the last few times Villanova has won the Big East Tournament Championship they have not made it past the Sweet 16. ALL PHOTOS GETTY IMAGES

Who are the best players, best upset picks, best teams in the 2018 NCAA Tournament bracket?



EVAN MACY
evan.macy@metro.us

For college hoops fans, it doesn't get better than this.

For casual sports fans who have yet to watch a single bucket scored in college hoops, there's finally a reason to watch. The bracket for the 2018 NCAA men's basketball tournament was unveiled Sunday evening, not long after a ferocious comeback by UPenn, beating Harvard to make its first NCAA Tournament bid in 11 years, clinched the final at-large bid.

The four No. 1 seeds were no surprise, with Villanova the overall top seed, Villanova, Kansas and Xavier rounding out the favorites.

As for the rest of the

slate? Here's a brief look at what you need to know about each of the four regions before things tip off later this week:

East Region

Best first-round matchup: Want to see an offensive explosion? Tune in Friday to watch No. 8 Virginia Tech play No. 9 Alabama. Collin Sexton nearly single-handedly lifted the Crimson Tide to an NCAA Tournament berth and the Hokies have been one of the more upset-minded teams all season long. VT has beaten Virginia, Duke, Clemson and UNC this season and might make a deep tournament run — and will have eyes on No. 1 Nova if they can handle Sexton and Bama.

Best player: Jalen Brunson, PG, Villanova — The likely player of the year, Brunson plays like an NBA point guard. He doesn't turn the ball over, plays suffocating defense and takes smart shots. He

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will have the Wildcats looking for another title this postseason. **Best upset pick:** Villanova has had a lot of trouble with No. 10 Butler, which will take its Big East toughness to its battle against No. 7 Arkansas. This could go either way but is a good upset pick. **Best Final 4 pick:** Villanova is a deserving No. 1 and should represent the region in the Final 4.

Best first-round matchup: Not the Kentucky of old, this year's squad lands a No. 5 seed and will have its hands full with the red-hot 12th seeded Davidson, fresh off their upset win in the A-10 tournament besting Rhode Island. This could be a perfect situation for a 12-over-5 upset.

Best player: Deandre Ayton, C, Arizona — He's vying to be the top pick in the NBA draft and he's got a great chance of fueling his Wildcats to a deep tournament run. He plays on both sides of the ball and his 7-foot-5 wingspan will make things tough for any opposition.

Best upset pick: The Ramblers from Loyola-Chicago won it all 55 years ago, and have been dominant in their conference. They will have a tough test against No. 6 Miami as an 11-seed, but as any avid tournament watcher knows well, there is always an 11 that advances. This could be the best bet for that upset and Miami is coming off a crushing near 30-point loss to UNC in the ACC tournament. The Ramblers smell blood.

Best Final 4 pick: Arizona's toughest test will be Virginia — but if they can handle the Cavaliers Arizona might be a good way to go if you want to avoid picking all the top seeds.

Best first-round matchup: Kansas will be heavily favored, and will face the revitalized UPenn squad as the 16th seed in the first round. Pennsylvania deserves better, and

will more than likely falter to the top-seeded Jayhawks. But this has the potential to be one of the better 1-vs-16 match ups we've ever had. There has never been an upset in a 1-16 game, and this one probably won't change that, but it is the best chance for a true Cinderella story.

Best player: Miles Bridges, F, Michigan St — Another player likely to be drafted in the NBA lottery, Bridges averages 16.9 points and 6.9 rebounds per game. He is a vocal lead on the floor and will be a valuable wing as the Spartans look to make a deep run.

Best upset pick: We like the College of Charleston, ranked as the 13-seed to beat No. 4 Auburn in the SEC — a conference lacking in great basketball lately. The Cougars have three players who score 17 or more points per game, making match up issues a big problem for Auburn.

Best Final 4 pick: Duke, when playing its best, can beat anyone in the country. They have the firepower to make a very

Marvin Bagley III,
Fr **Duke**
Jaren Jackson Jr.,
Fr **Michigan St**
Mikal Bridges, Jr
Villanova
Deandre
Ayton,
Fr
Arizona



Best first-round matchup: The Cougars from Houston are the 6-seed out west and will have a tough time against the 11th seeded San Diego State Aztecs. Their entire starting line up averages

in double figures and Houston has struggled at times in the lackluster American conference. This is another great spot for an 11-seed.

Best player: Michael Porter Jr., F, Missouri — Back from injury just in time for the conference tournament, Porter is another lottery pick will be worth watching over

the next two weeks. How healthy he can be next week when Missouri faces Florida State in the first round will determine how far the Tigers can go. **Best upset pick:** Providence is the 10 seed but has the credentials of a true contender. They have defeated the No. 2 overall seed Villanova, and took them to overtime in the

Big East championship game nearly upsetting them for a second time. They will face the 7-seeded Aggies from Texas A&M to open and will have another upset on their minds.

Best Final 4 pick: North Carolina always comes to play in March, and have been battle-tested in the ACC.

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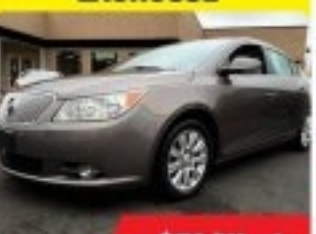
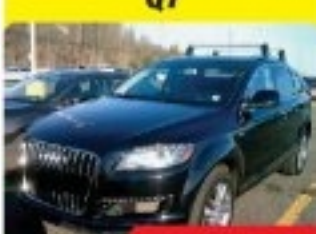
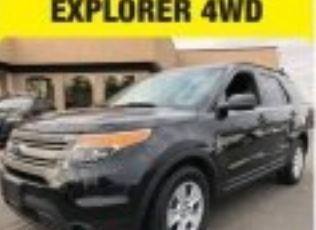
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Flyers halt a dangerous skid with biggest win of the season

The Flyers hope to return to consistency after netting a huge win Saturday.

ERIC GOLDSTEIN
@EricEsponda
sports@metro.us

If the Flyers end up qualifying for the playoffs, and then making a deep run, they might look back at Saturday's far-from-perfect but efficient 2-1 victory over the Winnipeg Jets as the game that saved their season.

The win halted a five-game losing streak that had dropped them to third place from first in the Metropolitan Division and nearly eroded the comfortable cushion they had created in securing a postseason berth. It also came less than 48 hours after a crushing 3-2 loss to the Bruins when the Flyers surrendered the go-ahead goal with 22 seconds to play.

Another loss would have left the Flyers just four points out of a playoff spot and, with confidence waning and a tough schedule ahead, could have sent them on a downward spiral they never recovered from.



With just 13 regular-season games left, which Flyers will show up down the stretch this season? GETTY IMAGES

Instead, they lifted the proverbial monkey off their back, can take a quick breather and shift their focus to getting the season back on track for the final 13 games.

"It's a tough way to lose that late in the game like that [in Boston] but you certainly don't want to let games pile up the wrong way against you, especially at this time in the year the way our race is go-

ing," defenseman Andrew MacDonald said following Saturday's win. "So for us to be able to come in and have a nice complete game, I thought it was really big."

The team held a meeting after the breakdown in Boston. The players discussed how they played well despite the result, took a big step in the right direction with returning to

their style of play and that they needed to stay the course.

"It was we had a tough stretch and we couldn't find ways to win," captain Claude Giroux said. "[Winnipeg] was a good test for us. They are a pretty good team and I think we played a responsible game."

Although they ended the skid, their work is far from over.

The Flyers host the expansion Vegas Golden Knights, who just set the NHL record for most road wins by a first-year team, on Monday. From there is a huge home matchup against Columbus. Heading into Sunday night's games, the Blue Jackets had won seven of their last 10 games, held the final wild card spot and were just four points behind the Flyers.

What's ahead for the Flyers?

Flyers vs. Golden Knights
Monday, 7 p.m.

Flyers vs. Blue Jackets
Thursday, 7 p.m.

Flyers at Hurricanes
Saturday, 7 p.m.

Flyers vs. Capitals
Sunday, 5 p.m.

The Flyers trail the Metro-leading Capitals by two points and the second-place Penguins by a point. However, they hold just a three-point edge over the New Jersey Devils for the first wild card spot with the Blue Jackets also looming.

"We needed the two points," coach Dave Hakstol said Saturday. "Just looking at the standings we needed it. It was a good win."

And one that may be remembered as having saved their season.

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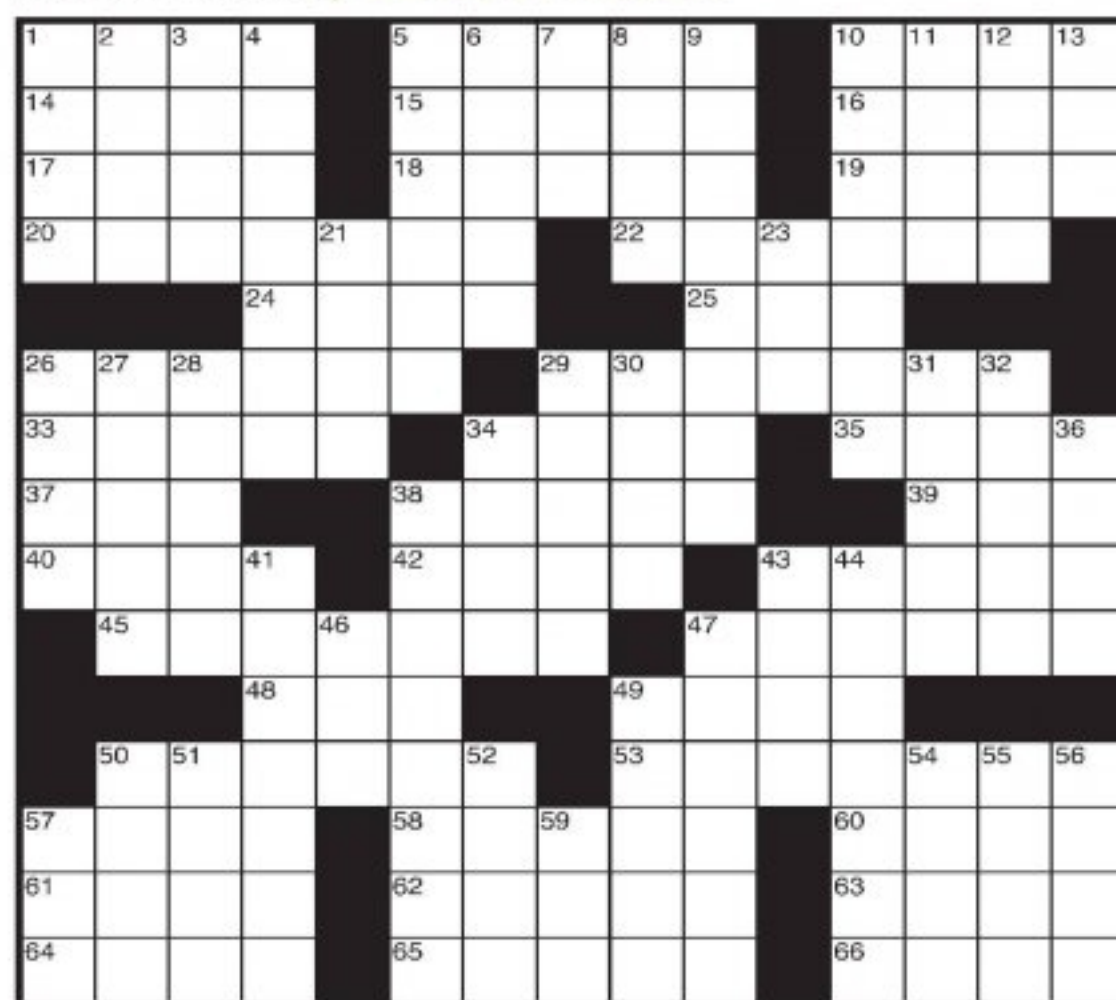
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- 38 Imitating
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- 40 LAX guesses
- 42 Soak up the sun
- 43 Put in office
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- 47 More than enough
- 48 Play part
- 49 R2-D2's owner
- 50 Japanese mat
- 53 Granted
- 57 Feliciano or Ferrer
- 58 Land ruled by Cleopatra
- 60 Pantyhose color
- 61 Historical novelist Jean –
- 62 Rope's slipknot
- 63 Long-active volcano
- 64 Make like a mule
- 65 More loyal
- 66 Meg – of "Sleepless in Seattle"

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- 1 Not bogus
- 2 Jane Austen novel
- 3 Pen points
- 4 Gully maker
- 5 Completely still
- 6 Engine covers
- 7 Call – – day
- 8 Delivery trucks
- 9 Taking for granted
- 10 Hull edge
- 11 Opera tune
- 12 Frilly
- 13 Yeasty brew
- 21 Disagreeable task
- 23 Strut along
- 26 Give out sparingly
- 27 Ham it up
- 28 Meat avoider
- 29 Distort the meaning of
- 30 Standing
- 31 Consumed
- 32 Stretch of land
- 34 Mineral springs

- 36 Crying shame
- 38 Bridge support
- 41 Majestic
- 43 Film director – Kazan
- 44 Pupil
- 46 Electronics mfr.
- 47 Some tableware
- 49 Slip back

- 50 Sightseeing trip
- 51 Not in harbor
- 52 Russian epic hero
- 54 Moral obligation
- 55 Millay or Ferber
- 56 Senior member
- 57 Punch
- 59 Me opposite

Yesterday's answers



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Depression is Real. *So Are Your Options...*

***A clinical research study
is currently evaluating an
investigational drug for its safety
and effectiveness in the treatment
of Major Depressive Disorder.***

IF YOU CAN ANSWER **YES** TO THESE QUESTIONS,
YOU MAY BE ELIGIBLE TO PARTICIPATE.

- ☒ Are you 18 – 65 years old?
- ☒ Not getting adequate results with your current antidepressant therapy?
- ☒ Diagnosed with Major Depressive Disorder?

TO LEARN MORE: 844-PRA-PINK
PRastudies.com/Marlton

HAS YOUR ADOLESCENT CHILD BEEN DIAGNOSED WITH MAJOR DEPRESSIVE DISORDER?

If so, he or she could qualify for a medical research study being conducted by PRA Health Sciences in Marlton. Qualified individuals for this study should be between ages 12 and 17. To qualify for this study, your child should have a caregiver who can be responsible for monitoring, providing information, overseeing the administration of the investigational product and accompanying the patient to all study visits.

Those who qualify for this study may be compensated for travel and other expenses related to study participation. Transportation is available.

To learn more, visit volunteers.prahs.com or call 844-PRA-PINK.



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Have you or a loved one

BEEN DIAGNOSED WITH SCHIZOPHRENIA?

THERE IS A RESEARCH STUDY FOR THOSE THAT HAVE BEEN DIAGNOSED WITH SCHIZOPHRENIA AND ARE SEEKING NEW TREATMENT.

TO QUALIFY, ONE MUST:

- Be Between Ages 18-55
- Be Diagnosed with Schizophrenia
- Not be Bipolar
- Other criteria may apply.

QUALIFIED VOLUNTEERS MAY RECEIVE:

- Compensation for Time & Travel
- Study Related Care at No Cost

**IF YOU OR YOUR LOVED ONE
IS INTERESTED, PLEASE CALL:
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